

Allerton and Westfield Medical Centre

Allerton Medical Centre

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allertonwestfield.nhs.uk

Visit the practice website



Follow us on WhatsApp!



Westfield Medical Centre

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“Happiness is the highest form of health.” – Dalai Lama

A Home for Heroes

by John.K

Many drivers passing Gledhow Manor Mansion on King George streets may not realize its role in caring for First World War veterans.

As the war went on, hospitals were overwhelmed by injured soldiers. Temporary sites like Becketts Park were used, but they couldn't offer long-term care. In response, Chapel Allerton Hospital was built on the Gledhow Manor site, opening in 1927 with Princess Mary in attendance.

Run by the Ministry of Pensions, it cared for 200 veterans from Yorkshire and the East Midlands.

The hospital had separate wards for officers and other ranks and became known for its work with artificial limbs, helping many veterans lead normal lives. Patients with poisoning and PTSD remained there until the 1950s, with Chapel Allerton becoming the last centre for WWI veterans.

In 1922, the Wounded Warriors Welfare Committee was formed, and Chapel Allerton became one of the first hospitals to offer an in-house radio and weekly cinema screenings.

Today, visitors can view a photographic exhibition of the old hospital, showcasing its role in supporting WWI veterans.



As we step into April, the season of renewal is upon us! With the days getting longer and the flowers starting to bloom, it's the perfect time to focus on our health and well-being.

In this issue we've got important updates, practice news and helpful tips to help you make the most of the season.

We would love to hear of any ideas or content you would like to see in future editions.

Could you be the patient with the longest history at our surgery?

We have one entry in from a patient John K, a member of our PPG:

“... At a recent meeting it was suggested that although new people are joining it would be interesting to find out who has been with the practice for the longest period and which family. To start the ball rolling I will stake my claim... My mother Emily Harvey moved to Stainbeck Lane in 1927 and registered as a patient followed by my father William Kellett in the early 1930s whose family had moved to Norfolk Gardens. They met at one of the regular dances held at the Parochial Hall, but their courting was interrupted by the war.

As soon as my father was demobbed, my parents married at St Matthews, and I was the third child born. In the early years of the National Health Service, home births were still the norm but as my mother was by now 37 my family clubbed together to pay for me to be born in Fallodon Nursing Home in Chapel Allerton in January 1952.



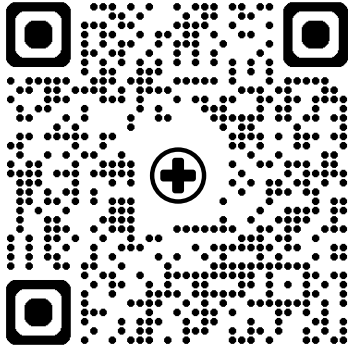
The attached photo was taken in December 1952, and it shows me trying unsuccessfully to book an appointment with the then Dr Dinsdale to discuss my teething problems.

Dr Dinsdale was based in a small terrace house, now demolished, near the cemetery which had one secretary, one small waiting room and one small consultation room. When Dr Dinsdale retired, the practice was moved to its present site which seemed almost palatial at the time. My memories of Dr Dinsdale were that he dressed very formally, and that the surgery was open on a first come basis in the morning and late afternoon and in between home visits were the norm.

Please inform the practice if you can beat 73 years to ensure even better care because I am sure Dr Hector-Goma would love to claim the Guinness Book of Records patient longevity award for the practice.”

Use the link below to send your medical queries, health concerns, or any questions directly to our team.

Your query is assessed by a GP and a plan is made



APRIL 2025	
Dates for your diary	
WHOLE MONTH	Bowel Cancer Awareness Month
	IBS Awareness Month
	Parkinson's Awareness Month
	Stress Awareness Month
2 nd	World Autism Awareness Day
4 th	Walk to Work Day
7 th	World Health Day
11 th	World Parkinson's Day
18 th -21 st	Easter Weekend
24 th -30 th	World Immunisation Week
28 th -4 th	MS Awareness Week

NHS
Providing NHS services

Most pharmacies can help you with seven common conditions without needing a GP appointment

- **Sinusitis**
(adults and children aged 12 years and over)
- **Sore throat**
(adults and children aged 5 years and over)
- **Earache**
(children and young adults aged 1 year to 17 years)
- **Infected insect bite**
(adults and children aged 1 year and over)
- **Impetigo**
(adults and children aged 1 year and over)
- **Shingles**
(adults aged 18 years and over)
- **Urinary tract infection**
(women, aged 16 to 64 years)

Ask your pharmacy for more information about this free* NHS service

Visit your Pharmacy First!

*NHS prescription charge rules apply where a medicine is supplied

Staffing Announcements

We've recently welcomed new staff to the surgery: Natalie, Saima, and Maheen have joined our PST team. Becky, our new nurse, and Emma, our new Healthcare Assistant, have joined the clinical team.

We've also said goodbye to Danielle last month. Danielle started in PST and worked her way up to becoming a nurse. We wish her all the best for her future.

Patient reviews

"Really lovely and understanding nurse who made me feel comfortable during a procedure I find difficult"

"Appointment received quickly after sending message on website. Punctual appointment with excellent GP."

Please feedback about the care you receive via:

[Friends and Family Test](#),
[NHS](#) or [Google](#)



Did you know you can contact the practice in three ways?

Online

Visit our website and click "Appointments" to complete the online form.

Phone

Call us at 0113 295 3460 to speak with our Patient Support Team.

In Person

Come by the practice and talk to our Patient Support Team at reception. They're happy to help!

We use a triage system to help us better manage your care, so please provide as much detail as possible both online and to our Patient Support Team (PST). This will enable the GP to assess your symptoms and ensure you're assigned to the right appointment for your needs.

Health Alerts

- There has been an increase in measles cases recently. If you have been exposed, or are concerned, please contact the surgery to check if you need the vaccination. We're here to help keep you protected.
- The spring COVID-19 booster is coming up soon. Those who are eligible will be contacted by the surgery to arrange an appointment. Please keep an eye out for further details.
- To ensure that your medication is still suitable and working effectively for you, we conduct annual medication reviews. These reviews help us make any necessary adjustments to your treatment plan. These reviews are carried out via telephone appointment, making it easy and convenient for you.